- 1-8 First couple set and cast off one place, second couple stepping up. First man dance a half figure of eight down while first woman dance a half figure of eight up.
- 9-16 First couple dance half diagonal rights and lefts, beginning on their own right diagonal (i.e. with second man and third woman). All three couples dance set and link for three.
- 17-24 First couple dance half diagonal rights up and down the dance, beginning on their own left diagonal (i.e. with second woman and third man). All three couples dance set and link for three.
- 25-32 All three couples dance six hands around to the left and back.

Note: the four people who cast in the set and link (mm. 13-16) continue moving into the half diagonal rights and lefts (mm. 17-24).